



Let's Talk

Have a problem? Need a listening ear? "Let's Talk" professionals are available! These informal conversations are great for small worries or challenging situations.

What It Is



15 to 20-minutes



Informal, confidential consult with CCS Clinician



Convenient, online scheduling



No required paperwork

What It Isn't



Not a substitute for traditional counseling



Not appropriate for crisis interventions

Schedule an Appointment

Let's Talk appointments are offered weekdays via telehealth (Zoom or phone) based on student's preferences for convenience and ease of connection. Sessions are typically available to be scheduled within a day with diverse representation of counselors. You can email Moritz's embedded therapist to schedule directly or connect with another CCS clinician by visiting the link below.

Embedded Moritz Clinician



Carrington Mahr-Nardella, PsyD
Embedded Clinical Therapist, Moritz College of Law

Get Scheduled: ccs.osu.edu/people/carrington-mahr/



Other Let's Talk Clinicians

Find the right clinician for you. Pick from a diverse representation of counselors using the link below.

Get Scheduled: go.osu.edu/letstalk