Let's Talk

Have a problem? Need a listening ear? "Let's Talk" professionals are available! These informal conversations are great for small worries or challenging situations.

**What It Is**

- 15 to 20-minutes
- Informal, confidential consult with CCS Clinician
- Convenient, online scheduling
- No required paperwork

**What It Isn't**

- Not a substitute for traditional counseling
- Not appropriate for crisis interventions

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**Schedule an Appointment**

Let’s Talk appointments are offered weekdays via telehealth (Zoom or phone) based on student’s preferences for convenience and ease of connection. Sessions are typically available to be scheduled within a day with diverse representation of counselors. You can email Moritz’s embedded therapist to schedule directly or connect with another CCS clinician by visiting the link below.

**Embedded Moritz Clinician**

Carrington Mahr-Nardella, PsyD
Embedded Clinical Therapist, Moritz College of Law

Get Scheduled: ccs.osu.edu/people/carrington-mahr/

**Other Let's Talk Clinicians**

Find the right clinician for you. Pick from a diverse representation of counselors using the link below.

Get Scheduled: go.osu.edu/letstalk